



Introduction

The writer asks for help to withstand his enemies despite his increasing age.



Questions

1. Why is the writer confident that God will deliver him from the wicked, unrighteous and cruel man?
2. What does the writer say to God about old age?
3. Where does the writer show that he believes in resurrection of the dead?



Summary Points

- **v 1 to 6** The writer expresses his confidence in God from past experience (see theme)
- **v 7 to 13** He praises God but asks for protection from all his enemies
- **v 14 to 24** He continues to want to tell everyone, including the next generation, about God and salvation and everything God has done

Timeline 970 BC (see below)



Theme

Past experience can encourage us to trust God

A selection of verses showing that past experience can encourage us to trust the God of the Bible:

When the Israelites had escaped from slavery in Egypt and had seen the Egyptian army destroyed, they realised that God had power to help them:

Exodus 14 verses 30 and 31

Before the Israelites crossed the river Jordan in a miraculous way, God told Joshua that what he was about to do should make them trust him:

Joshua 3 verses 9 and 10

God tells the prophet Isaiah that the Jews are his witnesses to everyone that he can be trusted:

Isaiah 43 verses 10 to 12

We can look at their history and see that what God said would happen has happened.

Have a look at the Evidence – you-decide website (theevidence.org.uk) to see how the witness of the Jews and other nations can encourage us to trust in God.

God challenges us to find any other god who can foretell the future like he has:

Isaiah 41 verses 21 to 23, 46 verses 9 and 10

