



Introduction

This is a Psalm of Heman the Ezrahite. He appears to be in great distress and appeals to God for help.



Questions

1. Which verses indicate that the writer feels he is suffering because God is angry with him?
2. The writer seems to be ill and feeling isolated. Which verses indicate his loneliness?
3. What questions does he ask to indicate the things the dead can't do?



Summary Points

- **v 1 to 7** The writer cries to God as he suffers trouble (see theme) and feels near to death
- **v 8 to 12** He has no friends with him. He prays daily to God and questions how the dead can praise him
- **v 13 to 18** He continues to pray to God despite feeling rejected and afflicted by God

Timeline 970 BC (see below)



Theme

Bad things happen to good people

A selection of verses showing why bad things happen to good people.

There are many examples in the Bible of bad things happening to good people. The supreme example is the Lord Jesus Christ who was crucified despite never having done any wrong. The apostle Peter tells us that this was for a reason:

1 Peter 3 verse 18

The letter to the Hebrews gives us the reason why some bad things happen to us:

Hebrews 12 verses 6 to 11

The apostles remind the first-century believers that life as a believer can be difficult:

Acts 14 verse 22

1 Peter 4 verses 12 and 13

Jesus Christ says that bad things happening to people should serve as a warning to make us stop and think about our lives:

Luke 13 verses 4 and 5



Answers to questions

Verses which answer the questions:

Q 1: v 7 and 16, Q 2: v 8 and 18, Q 3: v 11 and 12



Bible timeline

